

Fasting Program

Fasting is the most natural and most powerful forms of healing. There is no better way to cleanse the body of toxins, lose unwanted weight, strengthen the immune system and improve the functioning of the mind, body and spirit.

Basic Fasting packages

5 days Detox & Fat Burning Fasting Program THB 31,400

General Examination

Holistic Consultant

5 Days Detox Herbal Set

5 Days Vegetable Juice Fast

- 1 x Liver Flush
- 1 x Colon hydrotherapy (open system)
- 1 x Colon hydrotherapy (closed system)
- 2 x Chi Nei Tsang Abdominal Detox
- 1 x Lymphatic Massage
- 4 x F Scan

7 Days Detox & Fat Burning Fasting Program THB 42,400

General Examination Holistic

Consultant

7 Days Detox Herbal Set

7 Days Vegetable Juice Fast

- 1 x Liver Flush
- 1 x Colon hydrotherapy (open system)
- 1 x Colon hydrotherapy (closed system)
- 3 x Chi Nei Tsang Abdominal Detox
- 1 x Tao Thai Massage
- 1 x Lymphatic Massage
- 4 x F Scan
- 1 x Full Body Cupping
- 1 x Tao Thai Herbal Compress

Weight Loss Program

Our goal with the program is to offer you the knowledge and tools to achieve your long-term weight management goals. Proper nutrition and consistent exercise are the mainstay of an effective weight loss program. The weight loss program is customized to your needs taking into account body type, health status and nutritional needs. An important part of weight management is the removal of obstacles to proper organ function with detoxification therapies.

3 Days Weight Loss Detox & Fat Burning THB 26,600

- 1 x General Examination
- 1 x QRMA for BMI & % Body Fats
- 3 Days Detox Herbal Set
- 3 Days Hi Fiber Drink
- 2 x Chi Nei Tsang Abdominal Detox Therapy
- 2 x Colon Hydrotherapy
- 1 x Thai Herbal Oxygen & Ozone Therapy
- 2 x Full Body Far Infrared Sauna
- 1 x Anti Cellulite Massage
- 1 x Firming Body Wrap
- 1 x Slimming Massage

5 Days Weight Loss Detox & Fat Burning THB 37,680

- 1 x General Examination
- 1 x QRMA for BMI & % Body Fats
- 5 Days Detox Herbal Set
- 5 Days Hi Fiber Drink
- 2 x Chi Nei Tsang Abdominal Detox Therapy
- 2 x Colon Hydrotherapy
- 2 x Thai Herbal Oxygen & Ozone Therapy
- 1 x Lymphatic Drainage & Zapper
- 2 x Full Body Far Infrared Sauna
- 2 x Anti Cellulite Massage
- 2 x Firming Body Wrap
- 3 x Slimming Massage

7 Days Weight Loss Detox & Fat Burning THB 52,350

- 1 x General Examination
- 1 x QRMA for BMI & % Body Fats
- 7 Days Detox Herbal Set
- 7 Days Hi Fiber Drink
- 2 x Chi Nei Tsang Abdominal Detox Therapy
- 2 x Colon Hydrotherapy
- 1 x Fasting & Colon Cleanse Open System
- 3 x Thai Herbal Oxygen & Ozone Therapy
- 3 x Full Body Far Infrared Sauna
- 3 x Lymphatic Drainage & Zapper
- 3 x Anti Cellulite Massage
- 2 x Firming Body Wrap
- 5 x Slimming Massage
- 1 x Myer's Vitamin Drip

10 Days Weight Loss Detox & Fat Burning THB 69,000

- 1 x General Examination
- 1 x QRMA for BMI & % Body Fats
- 10 Days Detox Herbal Set
- 10 Days Hi Fiber Drink
- 3 x Chi Nei Tsang Abdominal Detox Therapy
- 2 x Colon Hydrotherapy
- 3 x Fasting & Colon Cleanse Open System
- 3 x Thai Herbal Oxygen & Ozone Therapy
- 5 x Full Body Far Infrared Sauna
- 3 x Lymphatic Drainage & Zapper
- 5 x Slimming Massage
- 3 x Anti Cellulite Massage
- 3 x Body Trim Treatment (GX99)
- 3 x Firming Body Wrap
- 2 x Myer's Vitamin Drip

- Prices are subject to change without prior notice.

- Advance booking is highly recommended to ensure availability.

- Appointment cancelled with less than 4 hours notice will incur a cancellation fee of 50% of the reserve treatment price.

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Pakua Integrative Health Center

Each experience at our Health center begins with a consultation with our experts to design a customized program that meets our guest's needs.

We suggest a 5 to 10 days package for optimal results.

We recommend that each guest gets a general examination before consulting our medical doctors. The tests below help our health specialists to evaluate the nature of the problem and to design the most effective program.

Holistic General Examination THB 8,600

- 2 x Live Blood Analysis
- 1 x Max Pulsewave Analysis
- 1 x Glucose, Cholesterol and Triglyceride Tests
- 1 x Aura Bio-electrographic Evaluation
- 1 x Bio-terrain Assessment
- 1 x Capno Trainer

Health Programs

Detox Program

The detoxification programs are designed to encourage the elimination of toxic waste from the body. Our program employs sophisticated and precise therapies to clear harmful materials from the blood and organs. This improves the body ability to function properly and maintain health.

Basic Detox Packages

5 Days Detox & Fat Burning Program THB 29,000

General Examination

Holistic Consultant

5 days Detox Herbal Set

- 2 x Chi Nei Tsang
- 1 x Five Element Aromatherapy
- 2 x Colon hydrotherapy closed system
- 4 x F Scan
- 1 x Lymph Star
- 1 x Full Body Cupping
- 1 x Foot Salt Scrub

7 Days Detox & Fat Burning program THB 36,000

General Examination

Holistic Consultant

7 days Detox Herbal Set

3 days Juice Fast

- 2 x Chi Nei Tsang
- 1 x Life Force Therapy
- 2 x Colon hydrotherapy closed system
- 4 x F Scan
- 1 x Lymph Star
- 1 x Lymphatic Massage
- 1 x Full Body Cupping
- 1 x Far Infrared Sauna
- 1 x Foot Salt Scrub